


Curriculum Vitae

personal data

The name	Amal Roshdi Ahmed Mostafa	
Place of birth	Damietta	
Nationality	Egyptian	
Address	233 Saqr Quraish Buildings - Maadi - Cairo	
The job	Assistant Professor and Head of the Department of Medical Surgical Nursing, Faculty of Nursing, Beni-Suef University	
Specialization	Assistant Professor of Maternal and Newborn Health Nursing	
Official email	amalmostafa646@bauc14.edu.iq , amal.roshdi@nursing.bsu.edu.eg	
Personal website	Dr.amal.roshdi@gmail.com	

The Educational Qualifications

Degree	Date obtained	Authority
Banha	2013	PhD
Ain Shams	2009	Master
Mansoura	2001	Bachelor's degree

Academic progression

Position	Academic degree	Start of service	End of service	Entity
Assistant Professor	Assistant Professor	7/2019	until now	Beni-Suef
Lecturer	PhD	10/2013	7/2019	Beni-Suef
Assistant Lecturer	Master	2010	2013	Beni-Suef
Nursing Specialist	Bachelor of Nursing	2003	2010	Damietta

Administrative positions:

No	Position	the beginning	End of the service	Entity
1.	International Cooperation Officer	2014	Till now	Faculty of nursing
2.	Head of the Department of Medical Surgical	2019	2020	Nursing Faculty of Nursing, Beni- Suef
3.	Director of the Information Technology Unit	2014	Till now	Faculty of Nursing, Beni- Suef
4.	Certified professional trainer from International Board	2014	2019	Human Resources Development Center, Beni- Suef University
5.	5. Member of the Education and Students Affairs Committee	2019	Till now	Faculty of Nursing, Beni- Suef
6.	6. Member of the Graduate Studies Listening Committee	2019	Till now	Faculty of Nursing, Beni- Suef
7.	Deputy Director of Quality Management Unit	2015	2016	Faculty of Nursing, Beni- Suef
8.	Member of the Personal Interview Committee	2013	2019	Faculty of Nursing, Beni- Suef
9.	Coordinator of the Department of Maternal and Newborn Health Nursing	2016	2017	Faculty of Nursing, Beni- Suef
10.	Council Secretary of the Department of Maternal and Newborn Health Nursing Department	2015	2016	Faculty of Nursing, Beni
11.	Member of the Follow-up Committee of the College	2015	2016	Faculty of Nursing, Beni
12.	Chairman of the Crisis and Disaster Management Committee	2011	2014	Faculty of Nursing, Beni
13.	Member of the Laboratory Modernization Committee	2014	2015	Faculty of Nursing, Beni
14.	Directors of the Crisis and Disaster Management Unit	2014	2015	Faculty of Nursing, Beni- Suef
15.	Internal Auditor for Quality	2015	Till now	Faculty of Nursing, Beni
16.	Member of the Board of Directors of the Community Service and Environmental Development Unit	2014	2015	Faculty of Nursing, Beni
17.	Director of the School of Nursing -	2003	2009	College of Medicine

				Al-Azhar in Damietta
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Preparing the administrative regulations and the executive plan of the Crisis and Disaster Management Unit 2014/2015, Beni- Suef Nursing College

International conferences

No	Conference Name	Country	Year	Role
1.	The 1 st International Conference on Diala University	Iraq	22-23/12/2020	Present Scientific Research
2.	The 1 st International Conference on Arab Women Sports	Cairo Egypt	2019	Present Scientific Research
3.	International Conference for Sociology and Humanities, University of London.	London UK	8:14/11/2016	Present Scientific Research
4.	Annual Congress and Medicare Expo on Trauma & Critical Care Madrid	Spain	7:9/3/2016	Present Scientific Research
5.	6 th International Conference on Learning, Teaching & Educational Leadership	Paris France	29:31/10/2015	Present Scientific Research
6.	7 th international scientific conference for the Faculty of Nursing, Helwan University	Helwan Egypt	2014	Present Scientific Research
7.	1 st international conference, Port Said Faculty of Nursing	Port Said Egypt	2015	Present Scientific Research

Sixth: Organizing conferences

No	Conference name	Year	Role
1.	The Second Scout Forum for Sustainable Development Alexandria instructor and lecturer	2:6/12/2019	Lecturer & Trainer
2.	The 3 rd International Conference, Faculty of Nursing, Beni- Suef	3/31/2019	member of the Organizing Committee

3.	The conference on launching the academic file for faculty members in Egyptian universities	10/31/2018	Participation
4.	4. The Fifth Conference of the Department of Maternal and Newborn Health Nursing, Faculty of Nursing, Beni-Suef University.	2018-2017	President of the Conference
5.	The Fourth Student Conference, Faculty of Nursing, Beni Suef University.	4-2018	member of the Organizing Committee
6.	Student Conversion to Scholar Conference	2017	Conference coordinator
7.	The third student conference, scientific research, our way to advance the nursing profession, at the Faculty of Nursing, Beni- Suef University	4-2017	member of the Organizing Committee
8.	The first international conference for the college in cooperation with Boston University, USA	2016	Conference coordinator
9.	The Fourth Conference of the Department of Maternal and Newborn Health Nursing, Faculty of Nursing, Beni-Suef University	2016-2017	Chairman of the Organizing Committee
10.	The third conference of the Department of Maternal and Newborn Health Nursing, Faculty of Nursing, Beni-Suef University.	2017-2018	Chairman of the Organizing Committee
11.	The second scientific conference of the Department of Maternal and Newborn Health Nursing, Faculty of Nursing, Beni-Suef University	12/12/2016	Secretary General of the conference And Chairman of the Organizing Committee
12.	The first conference of the Department of Maternal and Newborn Health Nursing, Faculty of Nursing, Beni-suef University.	12/5/2015	Member, Organizing Committee Head of the Media Committee And meet a topic
13.	The first scientific conference of the Department of Mental Health Nursing, Faculty of Nursing, Beni- Suef University.	6/5/2015	Scientific presentation
14.	The Fifth Scientific Conference of the Faculty of Nursing, Beni Suef entitled "patient safety & quality of care"	4/30/2015	conference coordinator And meet a topic And a member of the

			Organizing Committee
15	The first scientific conference of the Department of Community Health Nursing College of Nursing - Beni Suef University entitled "Community health nursing between professionalism and professionalism"	4/22/2015	scientific presentation Participation in the organizing committee
16	The first scientific conference for the pediatric nursing department at the Faculty of Nursing, Beni-Suef University.	4/15/3015	member of the organizational committee
17	Conference of the Nursing Syndicate entitled "The most important challenges facing the nursing system in Egypt through the results of evidence-based research" at Safir Dokki Hotel.	28/2/2015	in attendance and discussion
18	The first student conference of the Faculty of Nursing - Beni Suef University entitled "Nursing a holistic view and a future vision"	3/19/2015	Coordinator And Chairman of the Organizing Committee
19	The Third Conference of the Department of Maternal and Newborn Health Nursing, Helwan University.	25/2/2015	scientific presentation
20	The Ninth Congress of Pediatrics "Anemia and its Related" at Beni-Suef University	4/23/2014	attendance and discussion
21	The first conference of the National Authority for Quality Assurance and Accreditation	9/3/2015	attendance and discussion
22	The international conference "Egypt invents" Beni-suef University	3/8/2015	attendance and discussion
23	The most important challenges facing the nursing system in Egypt through evidence-based research results	2/28/2015	attendance and discussion
24	The second international conference "Distance education in Arab universities" at Beni-Suef University.	12/16/2014	scientific presentation

25	The second conference for the handicapped challenge in line with Celebration of the International Day of the Challenge of Disability	12/2/2014	Attendance and discussion
26	The second conference for training and development of higher education.	11/19/2014	attendance and discussion
27	The Fourth Scientific Conference of the Faculty of Nursing, Beni-Suef.	24/4/2014	deliver a paper
28	The conference "Research Centers of Excellence: Standards, Tasks and Community Return"	6/17/2014	attendance and discussion
29	The eighth conference of pediatrics "causes of anemia and complications" at Beni Suef University	4/4/2014	attendance and discussion
30	The conference "The Research Endowment of Beni-Suef University"	4/3/2014	attendance and discussion
31	The conference "Towards building a research strategy for the university in the coming decade.	3/11/2013	Attendance and discussion
32	- The conference "Research Centers of Excellence: Standards, Tasks and Community Return"	6/17/2014	attendance and discussion

The courses and training workshops that were obtained

No	Course name	Place	Date
8.	Menstrual health and problems among Athelitics	Arab moraco	2020
9.	"How to get published" workshop which was held on ASRT. by Dr. Voctoria Babbit from Taylor and Fancies.	Academic Research Academy	21/11/2019
10.	Statistical Analysis Program (SPSS) Training	Institute of Statistical Studies and Research, Cairo University	12/15/2019
11.	Scientific Research Writing Skills	Beni Suef University	2018
12.	Statistical Analysis Program (SPSS) Training	The Central Auditing Organization in Nasr	2017

		City	
13.	Endnote	Beni-Suef University	10/18: 12/14/2017
14.	How to use quotes	IBCT	5/2017
15.	Training of Trainers TOT	IBCT	2014
16.	CPT Coaches Training	National Authority for Quality Assurance and Accreditation of Education(NAQAA)	6-2014
17.	Self-evaluation of higher education institutions	NAQAA	2015
18.	Description of programs and courses and evaluation of education outcomes for higher education institutions	NAQAA	2015
19.	External review of higher education institutions	NAQAA	2015
20.	Strategic planning for higher education institutions	Beni-Suef University	2014
21.	Scientifi Thinking and Argumentation Skills for Problem Solving from DAAD	Beni-Suef University	2013
22.	How and Conditions to Apply for Promotions	Beni-Suef University	2013
23.	OTC Problem- CV writing – patient counseling – communication skills	faculty of Pharmacy	5/14/2015

Eighth: Community service activities: -

a. Training courses or workshops taught (trainer):

No	The name of the course	Role	target group	Year	Role
1.	Create accounts and deal with personal sites	Trainer	Faculties staff members	Nursing faculty	2019
2.	University Administration	Trainer	Faculties staff	HRDC	2016
3.	fighting the infection	Trainer	Faculties staff	HRDC	2016
4.	International publication of scientific research	Trainer	Faculties staff members	HRDC	2015
5.	Early detection of cancerous tumors	lecturer	All employees	Beni -Suef University	2016
6.	Zika virus and its effect on pregnancy	lecturer	All employees	Beni -Suef University	2016

7.	Communication skills in different education styles	Trainer	Faculties staff members	HRDC	2014
8.	Credit hour systems	Trainer	Faculties staff	HRDC	2015
9.	first aid	Trainer	All society	HRDC	2013-2015
10.	organize conferences	Trainer	Faculties staff	HRDC	2015
11.	Examination systems and student assessment	Trainer	Faculties staff members	HRDC	2015
12.	Effective presentation skills	Trainer	Faculties staff	HRDC	2015
13.	Ethics and professional conduct in university work	Trainer	Faculties staff members	HRDC	2015
14.	The use of technology in teaching	Trainer	Faculties staff	HRDC	2015
15.	Preparing competitive projects to finance research	Trainer	Faculties staff members	HRDC	2015
16.	NLP (Neuro-linguistic programming)	Trainer	Faculties staff members	HRDC	2015
17.	Financial and legal aspects in university business.	Trainer	Faculties staff members	HRDC	2015
18.	Training on "first aid and CPR"	Trainer	Veterinary Medicine and Physical Education Students	faculty of Veterinary Medicine	23-27/5/2015
19.	Seminar on the problems of the menstrual cycle and how to treat it, the proper nutrition of adolescent girls, osteoporosis and prevention methods	lecturer	Female students	University City for Girls	4/13/2015
20.	"Cancer" symposium in line with the World Health Organization celebration of the World Cancer Day	lecturer	All employees and students	Faculty of Nursing	12 / A / 2015
21.	Examination systems and student assessment	Trainer	Faculties staff members	HRDC	2015
22.	First Aid and CPR	Trainer	Faculty of Dentistry	Renaissance University	2014
23.	First aid & CPR	lecturer	All employees and students	Faculty of Nursing,	Brother 11/2014

				Beni Suef University	
24.	"Diabetes Day" symposium, in line with the World Health Organization's celebration of the International Sugar Day	Trainer	Faculties staff members and students	College of Science	20/10/2014
25.	"first aid"	Lecturer	All employees	Faculty of Nursing	20 / A / 2014
26.	Seminar on "Swine Flu"	Lecturer	All employees	Faculty of Nursing	19/11/2014
27.	"How to create a personal page" google scholar - Research gate	Trainer	Faculties staff members and students	Faculty of Nursing	20/2/2015

Books and literature

No	Name of the Book	Authors
1.	Producing an electronic course for "health education" for third year students	Dr. Amal Roshdi, Dr. Abeer Al-Moghawry, Dr. Hanan Al-Zeblawy
2.	Women's Psychology Book	Dr. Amal Roshdi, dr .Mohamed Ibrahim

B. Community medical and educational convoys

No	Activity	Date
1.	Effective participation in organizing the educational awareness convoy that was launched by Beni- Suef University for the village of Abuit of the Al-Wasiti Center	10/29/2018
2.	Participate in supervising the unit of human development and spiritual support for university students	11/2015
3.	Effective participation in coordinating and organizing a convoy for early detection of hypertension and glucocorticoids at the Faculty of Industrial Education, Beni-Suef University	4/11/2016
4.	Effective participation in organizing a convoy for early detection of osteoporosis, hepatitis C virus, diabetes and pressure) bone density measurement - muscle density - fat percentage - body water ratio - pressure, sugar and C virus analysis)	5/13/2015
5.	Effective participation in coordinating and organizing the cleanliness and afforestation campaign on the sidelines of the Environment Week activities for the academic year	04/23/2015

6.	Effective participation in coordinating and organizing the celebration of the Orphan's Day at Beni- Suef University.	7/4/2015
7.	Effective participation in coordinating and organizing the medical convoy to measure blood pressure and diabetes for workers in colleges of physical education and industrial education in dentistry at the University of Beni- Suef with the aim of early detection of chronic diseases	4/25/2015
8.	Effective participation in coordinating and organizing the medical and educational convoy of the villages of the Ahnasia Center in Beni-Suef with the aim of early detection of chronic diseases	4/26/2015
9.	Participation in coordinating and organizing the celebration of the Orphan Day	10/4/2014
10.	Participation in coordinating and organizing a medical convoy to measure pressure and sugar for workers at the University of Beni- Suef	4/28/2015
11.	Effective participation in organizing the diabetes day and giving a lecture entitled "Diabetes and its effect on pregnancy"	3/23/2014
12.	Participation in the medical convoys at Beni Suef University	2011-2018
13.	Evaluate women's practices towards treating delayed childbearing in the countryside using a questionnaire.	2009
14.	Participate in student activities in the college through youth care 1- Leader of the elite family of the college 2- Participation in scientific and student conferences	2013/2015
15.	Participation in the work of the control and announcing the results of the exams at the Technical Secondary School of Nursing affiliated to the Faculty of Medicine, Damietta 2003	2006 - 2008
16.	Participate in preparing and describing the curricula in the technical secondary school of nursing affiliated to the Faculty of Medicine, Damietta for the academic year	2005-2006

Ninth: Internationally published research:

No	The title of the research	country and date	Authors	Publication
1.	QUALITY OF CESAREAN SECTION NURSING CARE AND ITS REFLECTION UP-ON WOMEN'S SATISFACTION WITH LABOR EXPERIENCE	2019	Dr. Amal Roshdi Dr. Inam Hassan Dr. Um Hashem Saadoun	International journal of advanced nursing study

2.	EFFECT OF EDUCATIONAL GUIDELINE ON INTERN NURSES' DECISION-MAKING SKILLS DURING FIRST STAGE OF LABOR	Malaysia 2018	Dr. Amal Roshdi Dr. Mervat Zaghloul Dr. Latifa Tawfiq	THE MALAYSIAN JOURNAL OF NURSING VOL. 9 (4) April 2018
3.	Effectiveness of Postpartum Enhanced Recovery Pathway Intervention on the Occurrence of Postoperative Complications for Primiparous Women Undergoing Elective Cesarean Section	2018	Dr. Amal Roshdi Dr. Inam Hassan	IOSR Journal of Nursing and Scientific Research
4.	Prophylactic Trendelenburg Position for Reducing Maternal Hypotension and Neonatal Acidosis Post Spinal Anesthesia in Cesarean Delivery	2018	Dr. Maha ali Dr. Fatma Zaki Dr. Amani Al-Bardan Dr. Amal Roshdi	IOSR Journal of Nursing and Scientific Research
5.	Effect of Health Education on Women's Perception Regarding Screening and Early Detection for Common Cancer Among Women at Reproductive Age at Beni - Suef City, Egypt	2018	Dr. Amal Roshdy Dr. Yasser Khamis Dr. Hisham Nafadi Dr. Abeer El Maghawry	Journal of Health , Medicine and nursing
6.	Patterns of female sexual dysfunction in premenopausal women with moderate to severe depression in Beni-Suef, Egypt	2017	Dr. Amal Roshdi Dr. Ahmed Arafa Dr. Omaima Ezzat	" Middle East Fertility Society Journal " EL Sevier
7.	Creating a Positive Learning Environment for Adults: Nursing Students Perceptions of Clinical Learning Environments in Beni – Suef University	France 2017	Dr. Amal Roshdi	6th world conference on Learning ,Teaching & Educational Leadership Paris, France
8.	Relationship between types of ABO blood groups and Rh group with Hypertensive disorder among pregnant women in Bani Suef, Egypt	Indian 2016	Dr. Amal Roshdi Dr. Abeer El Maghawry Dr. Iqbal Abdul Rahim	International journal of Scientific Research

9.	Effect of exercise and self- care guidelines on relieving Urinary Incontinence among women in Beni-Suef	Spain 2016	Dr. Amal Roshdi Dr. Mohamed Ibrahim	Annual Congress and Medicare Expo on Trauma & Critical Care Madrid, Spain
10.	Effect Of Women Self Care Practices Regarding Genital Infection In Beni – Suef, Egypt	London 2016	Dr. Amal Roshdi Dr. Mohamed Ibrahim	International Conference for Sociology and Humanities, University of London Union
11.	Association between Sexual Satisfaction and Mode of Delivery among Women in Beni- suef City	Egypt 2015	Dr. Amal Roshdi Dr. Abeer El Maghawry	The seventh international scientific conference for the Faculty of Nursing, Helwan University
12.	Prevalence and causes of recurrent abortion among women in Beni-Suef Governorate	2013	Prof. Dr. Khadija Abu Jabal Dr. Amal Roshdi Dr. Iman Kamal Prof. Hoda El-Fayoumi	Life Science Journal 10(3):839-845 · July

Fourth: Scientific production Theses year degree

Title	University Donor	Year	Degree
Women's Practices Regarding Infertility Management In Rural Areas	Ain Shams	2009	Master
Effect of Self care guideline on reducing Symptoms of First degree of uterine prolapsed	Banha	2013	Docterate

Participation conferences with a working paper

Title	Conference	Place	Year	Authors
Association between mode of delivery and sexual satisfaction	7th international conference	Helwan	2015	Dr. Amal Roshdi Dr. Abeer El Maghawry

Blended Learning Coupled with Traditional Lecture in Nursing Course	2 nd international conference Distance learning in Arab universities	Beni-Sueif	2014	Dr. Amal Roshdi
Guidelines to evaluate University female students' knowledge and practices regarding prevention of osteoporosis	4th nursing conference Advanced Health Practicing	Beni-Sueif	2014	<i>Dr. Abeer E. Eldeeb Dr. Amal Roshdi</i>
Safe Motherhood	5th nursing conference Patient's Safety & Quality Care	Beni-Sueif	2014	<i>Dr. Abeer E. Eldeeb Dr. Amal Roshdi</i>

Academic experiences

a. Courses taught:

No	Course Name	Nursing	Year	language	The university
1.	Nursing Ethics	Nursing	Postgraduate Studies	English	Beni- Suef
2.	gynecology and obstetrics	Nursing	3rd year	English	Beni- Suef
3.	health education	Nursing	3rd year	English	Beni- Suef
4.	teaching methods	Nursing	3rd year	English	Beni- Suef
5.	methods of scientific research	Nursing	4th year	English	Beni- Suef
6.	Nursing Administration	Institute of Nursing	2nd year	English	Health Insurance
7.	first aid and Traumas	pharmacy and dentistry	Credit Hours	English	Nahda University

B. Activities and achievements

No	Activity	Date
1.	Member of the Hearing Committee for the Evaluation of Graduate Studies Research	2019
2.	Director of the College's Information Technology Unit	2014: 2018
3.	Coordinator of the Department of Maternal and Newborn Health	2016: 2017
4.	Deputy director of the Quality Management Unit at the Faculty of Nursing	2015
5.	Secretary of the Department of Maternal and Newborn Health Nursing Department at the college	2015
6.	Member of the Follow-up Committee of the College	2015

7.	Member of the faculty modernization committee	2015
8.	Member of the Committee for the daily supervision of the College of Nursing	2015
9.	Chairman of the Crisis and Disaster Management Committee, College of Nursing	2015
10.	Participate in preparing the basic regulations and setting the executive plan for the Crisis and Disaster Management Unit in the college	2014
11.	Member of the personal interview committee	2013: 2018
12.	Member of the fourth year of the Nursing College, to participate in the work of the control and to announce the results of the exams	2014/2017
13.	Member of the second year of the Nursing College, to participate in the work of the control and to announce the results of the exams.	2017-2019
14.	Participate in preparing a project to support and develop educational effectiveness in higher education institutions (SDEE)	2014/2015
15.	Participate in preparing a competitive project for the excellence of higher education institutions "Establishing a center for psychiatry and addiction treatment" as deputy executive director of the project	2014

Funded research and research projects

No	Title of research or project	Author (s)	Faculty	The value of financing
1.	The extent of the occurrence and spread of abortion Beni Suef	Prof. Dr. Khadija Abu Jabal	Medicine	40,000
2.	Early detection of cancerous tumors in women of childbearing age	Dr. Amal Roshdy	Nursing	50,000
3.	The project of supporting and developing educational effectiveness in higher education institutions (SDEE) for the academic year 2015	Dr. Iman Kamal	Medicine	2000,000
4.	Participate in preparing a competitive project proposal for excellence in higher education institutions, "Establishing a center for psychiatry and addiction treatment" as deputy director of the project in 2014.	Prof. Hoda El-Fayoumi	Sciences	8000,000

Awards and Decorations

No	The name of the award	Date
1.	Best Research Award	4/15/2018
2.	College shield	2017
3.	On the effort made as the coordinator of the conference "Converting the Student into a Researcher"	2018
4.	University Award for International Publishing	2015
5.	Flag Day Award	2014/2015)
6.	Award for winning a competitive project (Supporting and developing the educational effectiveness project in higher education institutions (SDEE) for the academic year 2014/2015)	2014
7.	The Shield of the Ministry of Youth and Sports for scouts The Shield of the Second Scout Forum for Sustainable Development in Alexandria	2: 6/12/2019